

**Medical Examination
for
Auto Racing**



Physical Examination of: _____

Date of Examination: _____

Racing organization requesting this medical exam: *Southwest Motorsports, Inc.*

To The Applicant: If you are between 18 and 35 years of age a physical examination is required every 5 years, 36 and older every 2 years.

As applicant, you should fill out the required applicant information at the top of this page and on page two. On completion of the Examination by your physician, verify that this form has been fully completed and signed by both you and the physician on both pages. Then submit this entire form to:

**Southwest Motorsports, Inc.
P.O. Box 94676
Albuquerque, NM 87199**

Applicant, you should retain a copy of this entire packet for your records should our organization (or another you are racing with) wish to inspect it.

As applicant, and by signing below, you understand that any alteration or forgery of this document are grounds to invalidate this exam, and could result in expulsion or sanctioning. You hereby authorize your physician to release any medical information that may affect your ability to safely participate in racing events. You authorize this organization to contact your physician, to verify both that this exam was completed, and that his or her recommendation is as shown below. You also agree to notify our organization of changes in your health which may affect your ability to safely participate in auto racing.

Signed: _____ **Date:** _____

To The Examining Physician: This exam is required to assure that the applicant is in good health, and can be expected to withstand the rigors of auto racing. Automobile racing is a speed event involving numerous cars on the track at the same time. As may be specified by various sanctioning bodies, the drivers are protected by roll bars, restrained within the car by a racing harness and must wear fire retardant clothing and helmets designed for auto racing. Practice and race sessions typically last 15 to 30 minutes, but can be longer. The racing environment can be very hot and speeds for brief periods can be 90 to 150 mph.

You are being asked to examine this individual who is applying for an auto racing competition license. This form concentrates on assessing the organ system and disease processes that may jeopardize the applicant, or others attending a competition race event.

The functional requirements of the applicant to drive in a competition automobile are:

- Brain: The ability for rapid mental activity and problem solving.
- Limbs: The ability to rapidly operate acceleration, braking and steering mechanisms and to rapidly exit the car without assistance.
- Vision: Distant Vision correctable to 20/30 each eye, normal depth perception, peripheral vision to 70 degrees in the horizontal median for each eye and the ability to distinguish basic colors.
- Minimal chance of sudden incapacitation from any disease process.

The environment in which the applicant may operate a competition automobile is:

- Temperature Extremes from 0 to at least 120 degrees.
- Smoke, fumes, vapor and dust.
- Noise and vibration, deceleration and cornering forces.
- Potential for the presence of fire.

After reviewing the above applicant's medical history and performing appropriate physical examination and/or tests please sign both this page (below) and also on page two.

Signed: _____ **Date:** _____

Physical Examination of: _____

Applicant's Information (To be completed by the patient prior to the examination):

Name: _____ Age: _____
Street: _____ Sex: _____
City: _____ Weight: _____
State: _____ Date of Birth: _____
Zip: _____ Eye Color: _____
Phone: _____ Hair Color: _____
Email: _____ Personal Physician: _____
Do you have a license from this racing organization? Yes / No If "Yes", license number _____
Do you have a national license from VMC? Yes / No If "Yes", license number _____

Conclusion of The Examining Physician:

After reviewing the information on page one regarding the physical demands of auto racing, the applicant's medical history, and performing this examination, please note your conclusion (Check **one**):

At this time, the patient is physically and psychologically fit to drive a race car in competitive events at high speed,

- OR -

At this time, the patient is NOT FIT physically or psychologically to drive a race car in competitive events at high speed.

Signed: _____ Date: _____

Printed Name: _____

License #: _____

Issuing State: _____

Address: _____

Phone: _____